

Bwydlen Cinio – Lunch Menu

12.00pm - 2.30pm

Please note that dishes marked with (V) are suitable for Vegetarians.

All known Allergens present in dishes are marked with the following: (G) Gluten (D) Dairy (M) Mollusc (Mu) Mustard (E) Egg (C) Crustacean (Ce) Celery (So) Soya (Su) Sulphites (F) Fish (Se) Sesame (N) Nuts (*) May contain known allergens.

However, if you require further information on the allergen content or require gluten free bread or wrap with your meal please ask a member of staff and they will be happy to advise you!

Vegan meals available.

GFA –Gluten Free Option Available

I ddechrau - Starters

Bara ffres gyda olew olewydd a finegr balsamic, gweinir gyda dysgliaid o olewydd cymysg wedi eu marineiddio...£6.75

Freshly baked bread with olive oil & balsamic vinegar served with a bowl of marinated olives (V) (G,D,Mu,Se,N,Su)...£6.75

Cawl y dydd gyda bara crystiog ...£5.75

Soup of the day served with crusty bread (V) (G,D,Ce,*) (GFA) ...£5.75

Plat bwyd môr i rannu – Cacennau cranc, sgwid halen a phupur, corgimychiaid tsili gyda dail cymysg a mayo dill

£10.95 – am 1

£18.75 – am 2

Seafood platter – Crab cakes, salt 'n' pepper squid served and Spanish garlic king prawns with dressed leaves and a dill mayo dip (C,D,M,G,So,E,F,Mu,Su)

£10.95 – for 1

£18.75 – for 2

Nachos porc barbeciw wedi ei dynnu gyda chaws cheddar, dresin ranch a jalapenos...£9.50

BBQ pulled pork nachos topped with cheddar cheese, ranch dressing & jalapenos (D,Su)... £9.50

Coctel corgimwch y wedi ei weini gyda bara brown ...£8.50

Prawn cocktail served with brown bread (C,D,E,Mu,G,So) (GFA) ...£8.50

Prif brydau – Main Meals

Golwyth rym 10 owns gyda tomato, madarch a chylchoedd nionod, dewis o datws a salad ...£23.25
10oz Rump steak with grilled tomato, mushrooms & onion rings, choice of potatoes and a side salad (G,Mu) (GFA) ...£23.25

Golwyth cig moch gyda wŷ gan Wyaŷ Llŷn, pin-afal, pys a dewis o datws ...£17.75
Gammon steak topped with a free-range fried egg from Llyn Eggs & grilled pineapple, peas and a choice of potatoes (E)...£17.75

Penfras mewn cytew Cwrw Llŷn wedi ei weini â sglodion a phys o'r ardd neu bys slwj ...£15.50
Cod fillet deep-fried in Cwrw Llŷn batter served with chips and a choice of garden or mushy peas (F,G)...£15.50

Scampi wedi ei weini â sglodion a phys o'r ardd neu bys slwj ...£12.95
Wholetail scampi served with chips and a choice of garden peas or mushy peas (G,C,*) ...£12.95

Lasania cig eidion gyda salad a bara garlleg ...£13.25
Beef lasagne served with salad and garlic bread (G,D,Ce,Mu,*)...£13.25
Ychwanegwch sglodion am £2.50 - **Add chips for £2.50**

Pasta penne pesto gyda thomatos ceirios a parmesan...£10.25
Pesto penne pasta with cherry tomatoes and parmesan (V) (G,E,D,Su,N)...£10.25

Cyri cyw iâr Thai gwyrdd gyda reis, sglodion neu hanner a hanner ...£13.75
Thai green chicken curry served with rice, chips or half and half (F,D,C)... £13.75

Byrgyr cig eidion **Neu** gyw iâr budr –gyda caws, cig moch, cylchoedd nionod, gherkins a salad wedi ei weini gyda colslo a sglodion ...£15.95

Dirty beef burger Or chicken burger – topped with cheese, bacon, onion rings gherkins and salad, served with coleslaw and chips (G,So,Su,D,Ce,Mu,E,*)...£15.95

Gyros cyw iar Groegaidd wedi'i weini gyda bara pitta, salad, feta, olewydd, iogwrt mintys a sglodion ...£13.25

Greek chicken gyros served with pitta bread, salad, feta, olives, mint yogurt and chips (D,G,M,Su) (GFA) ...£13.25

Cyri Thai coch tatws melys wedi ei weini gyda sglodion, reis neu hanner a hanner (Fegan)...£12.25
Thai Red sweet potato curry served with chips, rice or half and half (Vegan) ...£12.25

Byrger Quorn Ilaeth enwyn fegan mewn bap gyda sglodion a salad (Fegan).. £12.75
Quorn vegan buttermilk burger in a floured bap served with chips and salad (G,So,*)(Vegan)...£12.75

Taten trwy crwyn - Jacket potato

Gyda salad a dewis o lenwad - **With your choice of filling & a salad garnish (Mu)**

Ffâ pôb ...£8.50 / **Baked beans (V)...£8.50**

Caws cheddar aeddfed ...£8.50 / **Mature cheddar cheese (V) (D) ...£8.50**

Tiwna a mayonnaise ...£9.95 / **Tuna & mayonnaise (F,D,E,Mu)...£9.95**

Corgimychiaid a saws môr...£13.50 / **Atlantic prawns & seafood sauce (C,E,Mu,D) ...£13.50**

Salad

Salad Groegaidd – Dail cymysg, nionyn coch, tomato, ciwcymbr, betys, feta a olewydd ...£10.95

Greek salad – Dressed mixed leaves, red onion, tomato, cucumber, beetroot, feta and olives (V) (D,Mu,*)...£10.95

Salad Caws Gafr a betys– Dail cymysg, nionyn coch, tomato a chiwcymbr, a finegr balsamic ...£14.25

Goats Cheese and beetroot salad – Dressed mixed leaves, red onion, tomatoes and cucumber and balsamic vinegar (V) (D,Mu,Su)...£14.25

Salad cig eidion tsili crenshiog – Dail cymysg, nionyn coch, tomato, ciwcymbr a betys ...£17.95

Crispy chilli beef salad – Dressed mixed leaves, red onion, tomato, cucumber and beetroot (G,So,Su*)...£17.95

Salad Cranc Lleol – Dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys a cholslo ...£22.95

Local Crab salad – Dressed mixed leaves, red onion, tomatoes, cucumber, peppers, beetroot and coleslaw (C,D,E,Mu)...£22.95

Salad corgimwch – corgimychiaid mewn saws y môr, dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys a cholslo ...£15.95

Atlantic Prawn salad - prawns in seafood sauce, dressed salad leaves, red onion, tomato, cucumber, peppers, beetroot and coleslaw (C,D,E,Mu)...£15.95

Bagets poeth - Hot baguettes

Gyda dewis o lenwad, salad a chreision /With a choice of filling, a salad garnish and crisps (G,So,Mu)

BLT – Cig moch, letys a thomato /**BLT – Bacon, lettuce & tomato...£7.50**

Fajitas gyda chaws cheddar / **Fajitas with cheddar cheese (D)...£11.25**

BBQ porc wedi ei dynnu gyda chaws cheddar / **BBQ pulled pork with cheddar cheese (D,Su)...£8.95**

Brechdanau ffres - Freshly made sandwiches

Wedi eu gwneud i archeb ar fara gwyn neu frown gyda salad a chreision

Made to order on white or brown bread with a salad garnish and crisps (G,Mu,So) (GFA)

Ham, caws a piccalilli melys.... £8.95

Ham, cheese and sweet piccalilli (D,Mu,Su*)....£8.95

Tiwna, mayonnaise a nionyn coch ...£8.25

Tuna, mayonnaise and red onion (F,D,E,Mu)...£8.25

Corgimychiaid mewn saws y môr...£10.75

Atlantic prawns and seafood sauce (C,D,E,Mu)...£10.75

Cranc lleol...£12.50

Locally caught Crab (C)...£12.50

Panini

Gyda dewis o lenwad wedi ei weini gyda salad a chreishion / **With a filling of your choice and a salad garnish and crisps (G,Mu,*)**

Cyw iar, chorizo & mozzarella ...£8.75

Chicken, chorizo & mozzarella (D,*)...£8.75

Ham & caws cheddar aeddfed...£8.50

Ham & mature cheddar cheese (D)...£8.50

Tiwna, caws cheddar tawdd a nionyn coch ...£9.25

Tuna, cheddar cheese melt and red onion (F,D,E,Mu) ...£9.25

Mozzarella, tomato a phesto ...£7.95

Mozzarella, tomato & pesto (V) (D,N) ...£7.95

Brie, cig moch a llugaeron...£8.25

Brie, bacon and cranberry (D)...£8.25

Caws gafr a nionod wedi eu carameleiddio ...£9.95

Goats cheese & caramelised onions (D,Su)...£9.95

Ychwanegwch bowlen o sglodion at eich brechdan neu panini am £2.50

Add a bowl of chips to your chosen sandwich or panini for £2.50 (V)

Ar yr ochr - Side orders

Dysgliaid o sglodion...£3.00

Bowl of chips (V)...£3.00

Salad cymysg...£5.50

Side salad (V)(Mu)...£5.50

Llysiau y dydd...£3.95

Vegetables of the day (V)...£3.95

Colslo ...£3.00

Coleslaw (V)(D,E,Mu)...£3.00

Dysgliaid o gylchau nionod...£3.75

Bowl of onion rings (V)(G)...£3.75

Hanner bagèt a menyn ...£1.50

Half baguette & butter (V)(G,D,*)...£1.50

Tafell o fara menyn ...£1.00

Round of bread & butter (V)(G,D,So,*)...£1.00

Bara garlleg...£3.25

Garlic bread (V)(G,*)...£3.25

Bara garlleg gyda caws...£4.25

Garlic bread with cheese (V)(G,D,*)...£4.25

Prydau Plant - Children's Meals

Hanner penfras mewn cytew ...£8.50

Half beer battered cod (F,G) ...£8.50

Bysedd pysgod di-glwten...£6.75

Gluten free fish fingers (F)...£6.75

Darnau o gyw iâr mewn cytew ...£6.75

Battered chicken nuggets (G,D,*) ...£6.75

Selsig cig moch ...£6.75

Pork sausages (G,So,Su)...£6.75

5" Pitsa caws a thomato...£6.75

5" Cheese & tomato pizza (V)(G,D)...£6.75

(Gweinir yr uchod â thatws stwnsh neu sglodion, a phys neu ffâ pôb)

(All above meals served with mash or chips and peas or baked beans)

Lasania cig eidion, sglodion a phys ...£7.50

Beef lasagne served with chips and peas (G,D,Ce,Mu*) ...£7.50

Brechdanau plant - Children's sandwiches

Wedi eu gwneud i archeb ar fara gwyn neu frown gyda chreision

Made to order on white or brown bread served with crisps (G,So)

Brechdan gaws...£5.50

Cheese sandwich (V)(D)...£5.50

Brechdan tiwna ...£5.50

Tuna sandwich (F,D,Mu,E)...£5.50

Brechdan ham ...£5.50

Ham sandwich ...£5.50